

# THE METHODIST CHURCH GHANA

## NORTHERN GHANA DIOCESE

Rt. Rev. Joseph K. Atto Brown  
~~Rt. Rev. Joseph K. Atto Brown~~  
(Diocesan Bishop)

Very Rev. Samuel Baah, Dip Th  
(Synod Secretary)

~~Mr. Robert Dodoo~~ Mr. Robert Dodoo  
(Diocesan Treasurer)

P.O. Box 227  
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Our Ref.: MCG/NGD/TML/035/03

Date: 28/04/03

The General Director  
B S R R D  
Methodist Church Ghana  
Head Office  
P. O. Box 403  
Accra.

Dear Madam,

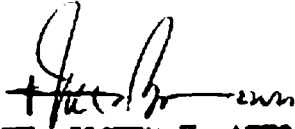
**ANNUAL REPORT FOR 2002 - METHODIST NUTRITION  
AND REHABILITATION CENTRE, LAWRA**

Warm greetings from our risen Lord and Saviour Jesus Christ.

We forward herewith the Annual Report for the year 2002 covering Methodist Nutrition and Rehabilitation Centre, at Lawra for your consideration and necessary action please.

Thank you.

Yours faithfully,



(RT. REV. JOSEPH K. ATTO BROWN)  
BISHOP, NORTHERN GHANA DIOCESE

cc: The Managers, Nutrition & Rehabilitation Centre, Lawra  
" File.



**LAWRA METHODIST NUTRITION AND  
REHABILITATION CENTRE**

**ANNUAL REPORT**

**FOR THE YEAR 2002**

**Compiled by**

**MRS. MARJORIE NINTORI  
(PROJECT MANAGER)**

**LAWRA METHODIST NUTRITION AND REHABILITATION CENTRE**  
**ANNUAL REPORT FOR THE YEAR 2002.**

**1. INTRODUCTION**

The Lawra Methodist Nutrition and Rehabilitation Centre is the only Methodist Church Health Institution of the Northern Ghana Diocese. It was opened in 1970 and located in Lawra town in the Lawra District of the Upper West Region of Ghana.

**2. GOAL**

Lawra District has a high population density and leads the Upper West Region with malnutrition among children and mothers.

The Centre therefore aims at improving the nutritional status of severely and moderately malnourished children and orphans aged 0-5years old.

It also caters for pregnant women and lactating mothers who are malnourished.

**3. ACTIVITIES OF THE PROJECT**

- ⇒ Admission of cases
- ⇒ Adequate feeding of clients
- ⇒ Health/Nutrition Education
- ⇒ Outpatients and Inpatients care
- ⇒ Home visits/ outreach programmes
- ⇒ Referrals out to hospital and in to the Centre
- ⇒ Treatments of minor elements
- ⇒ Self support projects e.g. raising of domestic animals, gardening, woodlot and handicraft
- ⇒ Training, meetings and workshops for staff and community members
- ⇒ Religious education and support

**4. FUNDING**

The Project is being funded by the Irish Methodist Church through the Head Office of the Methodist Church through the Northern Ghana Diocesan Secretariat, Tamale. For the reporting period, an amount of 41000,000.00 was received. Local contributions are also in kind or in cash -¢5,466,000.00

The Rev. Mike Mosley, Evangelist of Kumasi Methodist Church also visited the Centre and donated ¢8,500,000.00 which was received in January 2003.

**5. STAFF**

The Project has only six (6) staff including:

- |                          |                    |
|--------------------------|--------------------|
| i) Marjorie Nintori      | Project Manager-   |
| ii) Mrs. Donisia Gyova   | Clinic Attendants- |
| iii) Bertha Toberterfaah | Clinic Attendants  |
| iv) Dongwie Evelakuu     | Labourer           |
| v) Ankuremeh Beaka       | Night watchman     |
| vi) Margaret Chegbre     | Volunteer          |

*Need motorbike***6. TRANSPORT**

The project has only one (1) motorbike Yamaha 100 and three (3) bicycles that are used for the outreach/home visits. The motorbike is now six (6) years old with high maintenance cost. It is unable to go far distances for the outreach programmes which calls for a replacement.

**7. LOCAL SUPERVISORY COMMITTEE**

The board was formed to represent the Church. It has a membership of eleven (11) with representatives from relevant Departments. Its role is to meet quarterly to appraise the progress of the Centre, help find solutions to problems facing it and take decisions for the smooth running of the Project. It also advises the Project Manager on the welfare of the Project. The Superintendent Minister who is the Chairman of the Committee, the Project Manageress and Naa G. T. Maa-ire (Traditional representative to the ISC) are the signatories to the Project's accounts. Three (3) meetings were held during the year.

**8. AUDIT**

The Project account for the year 2001 and 2002 shall be audited in 2003. However the last phase of Bread For The World's funding (January to June 2000) was audited in January 2002.

**9. ACHIEVEMENTS**

All the various types of protein energy malnutrition cases were diagnosed among the clients who were seen for the year 2002. They are:

Marasmus- 200

Kwashiorkor- 2

Marasmic/ Kwashiorkor- 1

Below is a table on the achievements:

NO	DESCRIPTION/INDICATORS	2000	2001	2002	REMARKS
1.	Total cases seen	204	247	203	Decreased
2.	New Registrance	144	211	150	Decreased
3.	Old cases	60	36	53	Increased
4.	No. with Marasmus	202	244	200	Decreased
5.	No. with Kwashiorkor	2	3	2	Decreased
6.	No. with Marasmic/Kwashiorkor	Nil	Nil	1	Case died due to late reporting
7.	No. Discharged	150	182	147	73% of cases treated and discharged.
8.	No. of Deaths	9	8	14	Increase
9.	No. of Defaulters	26	22	24	They are part of the out patients
10.	No. of Relapse	7	3	3	Lack of food at home.
11.	No. of Motherless children	4	8	10	Increase, Growing very well. Orphanage needed.

12	No. of Clients with HIV/AIDS	1	8	14	10 died by end of the year
13	No. of outreach Clinics conducted	52	177	196	Increased, needs transport.
14	No. of houses visited	120	152	369	Increased with health and nutritional issues discussed
15	No. of Inpatients	38	45	52	They recover faster than the out patients
16	No. of Outpatients	166	202	151	Seen at outreach clinics with four (4) mother- to mother support groups formed.
17	No. of cooking demonstration	108	304	456	Increased. Done at static and outreach clinics
18	No. of field demonstration	52	80	96	Very good and useful to communities and Centre.
19	LSC Meetings	4	3	3	Fruitful discussions made.
20	No. of target groups for education	5	5	8	Increased; they share information

### **SMALL SCALE AGRICULTURE**

22	Goats	Nil	4	6	Increased; 2 killed to feed children
24	Fowl	14	24	52	Increased; producing eggs to feed children
25	Ducks	5	9	10	Increased; 5 killed to feed children
26	Pigs	10	8	13	Increased; 5 sold to generate income
27	Trees planted -moringa, mango and cashew	50	551	844	Producing fruits and vegetables to feed children
28	Back yard Garden	1	2	3	Soya beans and cowpea cultivated
29	Dry season Garden	1	1	2	Vegetables available throughout the year to feed clients.

All the self-help activities are used as visual aids during training sessions for mothers and client fathers. Individuals have planted trees in their homes for self-support.

Four (4) organised mother-to-mother support groups were supported during the year with two (2) piglets each to rear for income generation. These are Lawra, Eremon and Yagtuur mother support groups. The Kunyukuo mother support group was also supported to cultivate one (1) acre of soya beans with good harvest, of eighty-five (85) bowls

3. The Centre serves as a referral point for malnourished cases. Cases are referred from the hospital, outreach clinics and directly from the communities. Clients received from the outreach clinics or communities are all referred to the hospital for screening for other medical conditions including HIV/AIDS. Fourteen (14) cases were diagnosed of HIV/AIDS, as against 8 cases for 2001 and one (1) case for 2000. Ten (10) of the fourteen (14) died during the year.

Forty-eight (48) pregnant mothers were diagnosed of malnutrition of which two (2) were HIV/AIDS positive. Out of these two (2), one (1) delivered a baby and the other, premature twins. The former and her baby died at different intervals. The latter lost the twins but she is still alive and undergoing treatments for her malnutrition, HIV/AIDS related complications.

One malnourished pregnant mother delivered to an abnormal baby who died a few hours after delivery. The mother recovered and was discharged home.

One malnourished pregnant woman gave birth to triplets, two boys and one girl. Babies are all malnourished and are admitted at the Centre with the mother for rehabilitation. Unfortunately, their malnourished mother is mentally disturbed, and she is a single parent. She does not agree to breastfeed these babies, so they are on supplementary feeding which is so expensive to buy.

### CONSTRAINTS/SUGGESTIONS.

- Needs:*
- (1) Inadequate staffing: Project Manager is still working full time at the Lawra hospital. She needs to be on full time at the Centre. A nutrition Officer is needed.
  - (2) Poor water supply: The Project needs a borehole for domestic purposes and to enhance the envisaged dry season gardening.
  - (3) Poor transport situation: A four-wheel drive pick-up and another motor bike is needed since the present one is old and can not perform much.
  - (4) Inadequate funds: Money is needed
  - (5) Poor communication: Telephone is needed at the Centre.
  - (6) The Project needs support from the hospital DHMT, District Assembly and other NGOs.
  - (7) The Centre needs an orphanage and special funding for the Triplets/mental malnourished mother.

**LAWRA NUTRITION AND REHABILITATION CENTRE  
FINANCIAL REPORTS FOR 2002**

DESCRIPTION	RECEIPTS ₺		PAYMENTS ₺	
Balance B/F	199,098	98		
Methodist Headquarters <del>₺</del> 4,572.32 us	41,000,000	00		
Local Contribution	5,466,000.	00		
Personnel			8,289,600	00
Administration			7,109,100	00
Health/Nutrition Education			14,687,800	00
Gardening and woodlot			5,761,000	00
Repairs and Maintenance			3,195,100	00
Transport			2,462,700	00
Training/workshops			2,656,500	00
Bank Charges			31,360	00
Total	46,665,098	98	44,202,880	00

u.s. 5,204.00  
#

# 4,929.50 u.s.

**LAWRA METHODIST NUTRITION AND REHABILITATION CENTRE,****ACTION PLAN FOR THE YEAR 2003**

1. Admission, feeding and rehabilitation of all clients reporting at the Centre daily for the year 2003.
2. To render first Aid treatments to clients before being referred to hospital and also to treat minor medical problems associated with malnutrition and HIV/AIDS in our clients.
3. Nutrition and health education to clients, their families and members of communities where cases are reported.
4. To conduct regular outreach/home visits for case search, defaulters, discharges and families of clients needing follow-ups.
5. To organize monthly, quarterly, half-yearly and annual meetings of staff/local supervisory committees. Also to attend Standing Committee meetings quarterly, and B.S.R.R.D. meetings annually as well as Synod.
6. To write and submit various monthly, quarterly, half-yearly and annual reports of the Project. Also to use data for planning future activities for progress.
7. To form four (4) mother-to-mother support groups and help them to hold meetings regularly to discuss, plan and suggest solutions to their health, nutritional and social problems. Also to guide them carry out income generating activities to raise some income to support themselves and the Project with technical support from Methodist Agricultural Programme.
8. To liaise with the Superintendent Minister to give religious education and carry our evangelism in communities of our clients.
9. To consult the DHMT, RIIMT and District Assembly regularly to discuss problems and progress of the Centre, with feedback to the Church on actions taken.
10. To give home based nutritional and medical care to HIV/AIDS cases at their homes and to educate families of HIV/AIDS clients on how to live with them and take adequate care of them.

**LAWRA METHODIST NUTRITION AND REHABILITATION CENTRE –  
BUDGET PROPOSAL FOR 2003.**

**1. NUTRITION, HEALTH AND EDUCATION**

a. Feeding of 30 clients a week @ 630,000 for 52 weeks	=	32,760,000.00
b. Treatment of minor elements/First Aid treatment for Clients		3,500,000.00
c. Health/Nutrition/ Education		<u>2,600,000.00</u>

**Sub total Cost** = **38,860,000.00**

( \$ 4,333.<sup>66</sup> u.s. )

**2. PERSONNEL**

a) Project Manager	=	6,000,000.00
b) Clinic Attendants (2)	=	7,759,992.00
c) Night Watchman	=	4,259,556.00
d) Labourer	=	4,259,556.00
e) Staff welfare/Allowances		<u>14,088,270.00</u>

**Sub total** = **36,367,374.00**

( \$ 4,055.<sup>69</sup> u.s. )

**3. TRANSPORT, FUEL AND MAINTENANCE**

a. Fuel (Petrol) 2 gallons a week at 20,000 per gallon x 52 weeks	=	2,080,000.00
b. Engine Oil 2 Litres a month x 12 months	=	480,000.00
c. Maintenance of Motor Cycle and Bicycles/parts	=	<u>6,500,000.00</u>

**Sub total Cost** = **9,060,000.00**

( \$ 1,010.<sup>37</sup> u.s. )

**4. ADMINISTRATION**

a. Stationery, typing and photocopying	=	1,500,000.00
b. Electricity & Water Bills	=	5,760,000.00
c. Telephone Installation/Bills	=	10,000,000.00
d. Bank Charges	=	150,000.00
e. L. S. C. Meetings	=	2,600,000.00
f. Audit Fess	=	3,500,000.00
g. Maintenance of Buildings etc.	=	6,000,000.00
h. Borehole drilling 10% total cost	=	<u>4,500,000.00</u>

**Sub total Cost** = **34,010,000.00**

( \$ 3,792.<sup>00</sup> u.s. )

5. SELF SUPPORT PROJECTS - SMALL SCALE AGRICULTURE

RAISING OF DOMESTIC ANIMALS

a. Poultry Birds 100 at 10,000 per one	=	1,000,000.00
b. Poultry Feed 20,000 a week x 52 weeks	=	1,040,000.00
c. Goats 4 females, one male at 250,000	=	1,000,000.00
d. Veterinary Drugs for livestock	=	960,000.00
e. Maintenance of animals home	=	<u>1,000,000.00</u>

Sub total Cost = 5,000,000.00

6. GARDENING/WOODLOT

a. Chain link 5 rolls at 800,000	=	4,000,000.00
b. 2 poly Tanks at 2,000,000	=	4,000,000.00
c. Seedlings	=	400,000.00
d. Workmanship	=	<u>1,600,000.00</u>

Sub total Cost = 10,000,000.00

SUB TOTAL = 15,000,000.00

BUDGET SUMMARY FOR 2003.

1. Personnel	=	36,367,374.00
2. Administration	=	34,010,000.00
3. Feed, health/Nutrition Education	=	32,760,000.00
4. Training meetings/workshops	=	5,000,000.00
5. Transport/maintenance	=	9,060,000.00
6. Self support Projects (Small Scale Agric)	=	<u>15,000,000.00</u>

GRAND TOTAL = 133,297,374.00

(₦ 574.91 - us)

(# 1,672.80)

APPROX. #15,500 U.S.

Project Manager  
Mitom

The Superintendent  
Minister Laura Mission  
Circuit / L.S.C Chairman

*[Signature]*  
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 DIOCESAN BISHOP  
 METHODIST CHURCH, GHANA  
 NORTHERN GHANA DIOCESE  
 P. O. BOX 227  
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